



Early Learning Coalition
of Flagler & Volusia

INCLUSION CAFÉ

A safe and supportive space for teachers and providers to collaborate with ELCFV's Inclusion Team to gain information, strategy training, and support for challenging behaviors.

When: Virtual sessions every Wednesday

Time: 1-2PM

- Various topics each week!
- Opportunities to receive a classroom swag bag for participation

To attend the sessions, please use the reoccurring meeting link or scan the QR code:

<https://bit.ly/3HzuFj7>



For more information or questions regarding the virtual sessions, please contact Karetta Roundtree:
kroundtree@elcfv.org or call (386) 317-3375

Inclusion Café 2024
Scheduled Sessions
January 2024

Title: Mindfulness 101 - Unpacking Mindfulness with YogaPalooza and Meddy Teddy

Date: Wednesday, January 17, 2024

Time: 1 - 2PM

Facilitator: Kay R.

Overview: This training is an introduction to the YogaPalooza Classroom kit.

Title: PBS - Just Breathe! Self-Regulation and Anger Management

Date: Wednesday, January 24, 2024

Facilitator: Ellyn M.

Time: 1 - 2PM

Overview: This training is behavior management using the Pyramid model techniques for Preschool.

Title: Pyramid Model Introduction & Overview

Date: Wednesday, January 31, 2024

Facilitator: Micky B.

Time: 1 - 2PM

Overview: This training will introduce attendees to the Pyramid Model for social-emotional learning for children ages birth to 5 years old.

Inclusion Café 2024
Scheduled Sessions
February 2024

Title: Mindfulness 101 - "Love for Mindfulness"

Date: Wednesday, February 7, 2024

Facilitator: Kay R.

Time: 1 - 2PM

Overview: This training will encourage participants to love the practice of mindfulness within their classrooms by exploring what it looks like, and the benefits of mindfulness.

Title: PBS - Problem Solving

Date: Wednesday, February 14, 2024

Facilitator: Ellyn M.

Time: 1 - 2PM

Overview: Prevent behavior issues with problem solving through Pyramid techniques. Preschool.

Title: Pyramid Model: Nurturing & Responsive Relationships

Date: Wednesday, February 21, 2024

Facilitator: Micky B.

Time: 1 - 2PM

Overview: This training will review how to create nurturing and responsive relationships with students, families, and co-workers within an early education classroom.

Title: Triple "A" (All About ASQ's)

Date: Wednesday, February 28, 2024

Facilitator: Lynn K. & Crystal B.

Time: 1 - 2PM

Overview: Introductions – Discuss what the ASQ is and the benefits. Tips on talking with parents about the ASQ.

Inclusion Café 2024
Scheduled Sessions
March 2024

Title: Mindfulness 101 - "Colors of the Rainbow" Exploring the many layers/colors of Mindfulness

Date: Wednesday, March 6, 2024

Facilitator: Kay R.

Time: 1 - 2PM

Overview: This training will celebrate several layers of mindfulness by learning about areas of mindfulness that include the Physical, Emotional, and Mental areas. Participants will learn how to teach or use these skills within the classroom.

Title: PBS - Challenging Behavior Part 1

Date: Wednesday, March 13, 2024

Facilitator: Ellyn M.

Time: 1-2PM

Overview: Pyramid Model approach to Challenging Behavior and the top of the Pyramid part 1.

Title: Pyramid Model: High Quality Supportive Environments Part 1

Date: Wednesday, March 20, 2024

Facilitator: Micky B.

Time: 1 - 2PM

Overview: Participants will review best practices for creating a high-quality preschool environment, including schedules, routines, and transitions.

Title: Triple "A" (All About ASQ's)

Date: Wednesday, March 27, 2024

Facilitator: Lynn K. & Crystal B.

Time: 1 - 2PM

Overview: Who should be doing the ASQ. How to complete an ASQ-3 and ASQ-SE accurately, what materials are needed, and where to find the ASQ Calculator.

Inclusion Café 2024
Scheduled Sessions
April 2024

Title: Mindfulness 101 – “Mindfulness for All”

Date: Wednesday, April 3, 2024

Facilitator: Kay R.

Time: 1 - 2PM

Overview: Participants will learn how mindfulness is beneficial for everyone (child, teacher, and parent) and the tools to support all.

Title: Inclusion Team - Office Hours

Date: Wednesday, April 10, 2024

Time: 1 - 2PM

Title: PBS - Challenging Behavior Part 2

Date: Wednesday, April 17, 2024

Facilitator: Ellyn M.

Time: 1 - 2PM

Overview: Pyramid Model Approach to Challenging Behavior part 2.

Title: Pyramid Model: High Quality Supportive Environments Part 2

Date: Wednesday, April 24, 2024

Facilitator: Micky B.

Time: 1 - 2PM

Overview: Participants will review best practices in creating a high-quality, supportive classroom by creating engaging activities, rules, and behavior expectations.

Inclusion Café 2024
Scheduled Sessions
May 2024

Title: Mindfulness 101 - Exploring Mindfulness through music & movement

Date: Wednesday, May 1, 2024

Facilitator: Kay R.

Time: 1 - 2PM

Overview: Participants will experience several ways to incorporate music and movement to support building mindfulness within the classroom.

Title: PBS - Understanding Behavior

Date: Wednesday, May 8, 2024

Facilitator: Ellyn M.

Time: 1 - 2PM

Overview: Understanding behavior for infants and toddlers through the Pyramid Model.

Title: Pyramid Model: Social-Emotional Skills Part 1

Date: Wednesday, May 15, 2024

Facilitator: Micky B.

Time: 1 - 2PM

Overview: Participants will learn strategies about teaching social-emotional skills by discussing culturally responsive practices, including families in social-emotional learning and understanding the stages of learning new skills.

Title: Triple "A" (All About ASQ's)

Date: Wednesday, May 22, 2024

Facilitator: Lynn K. & Crystal B.

Time: 1 - 2PM

Overview: Scoring, going over Typical, Monitoring, and Concerns. Discussing the results with parents. Referrals to CF or ES.

Title: Pyramid Model: Social-Emotional Skills Part 2

Date: Wednesday, May 29, 2024

Facilitator: Micky B.

Time: 1 - 2 PM

Overview: Participants will learn about friendship skills (taking turns, sharing, etc.) and emotional literacy skills (how to identify an emotion) young preschool students need to be successful in their social-emotional development. Participants will also learn how to teach these skills through a wide range of students.



Inclusion Café 2024
Scheduled Sessions
June 2024

Title: Mindfulness 101 - "Mindfulness in the Moments"

Date: Wednesday, June 5, 2024

Facilitator: Kay R.

Time: 1 - 2PM

Overview: Participants will learn ways to be mindful in any situation and how to best support the needs of the children in the classroom.

Title: PBS - Prevent Teach and Reinforce

Date: Wednesday, June 12, 2024

Facilitator: Ellyn M.

Time: 1 - 2PM

Overview: Pyramid Model. Prevent, Teach, and Reinforce techniques to use in the classroom for challenging behavior.

Title: Pyramid Model: Social- Emotional Skills Part 3

Date: Wednesday, June 19, 2024

Facilitator: Micky B.

Time: 1 -2PM

Overview: Participants will learn about self-regulation skills and problem-solving skills young preschool students need to be successful in their social-emotional development. Participants will also learn how to teach these skills through a wide range of students.

Title: Inclusion Team - Office Hours "Last Session"

Date: Wednesday, June 26, 2024

Time: 1 - 2PM